**package insert / fitting guide**

**Bausch + Lomb**

**ONEDAY** (nesofilcon A) Soft (Hydrophilic) Contact Lenses

**WARNINGS**

- Patients should always inform their employer of being a contact lens wearer.
- Patients should be advised about wearing lenses during sporting and water related activities. Exposure to water while wearing contact lenses in activities involving contact with water is a risk factor for bacterial keratitis, which can result in serious eye complications.

**Carefully follow the handling, insertion, removal, cleaning and disinfecting instructions in the Patient Information Booklet for the Bausch + Lomb Biotrue® ONEday for Astigmatism (nesofilcon A) Soft (Hydrophilic) Contact Lenses and for any other eye products.**

- Always wash and rinse hands before handling lenses.
- Do not use cosmetics, lotions, soaps, creams, deodorants, or sprays in the eyes or on the lenses.

**CONTRAINdications (REASONS NOT TO USE)**

Patients should be instructed to consult an eye care professional if they experience:

- Redness of the eye, the patient should be instructed to immediately remove the lens and contact Bausch + Lomb, and understand its contents prior to dispensing the lenses.

**SelectioN OF PatiEnTS**

The Bausch + Lomb Biotrue® ONEday for Astigmatism (nesofilcon A) Soft (Hydrophilic) Contact Lenses are contraindicated for patients with: a history of anaphylaxis to any ingredient of the lens material; a history of keratoconus; any corneal thinning syndrome; a history of chemical burns; an inability to comply with lens care instructions.

**ADOVERSE ReACTIONS**

- Some patients may experience a foreign body sensation, discomfort, eye irritation, itching, redness or tearing. Use of the lenses and contact lenses should be interrupted immediately if any of these symptoms occur.

**importAnt inforMaTion to AdviCE Patients**

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**PRECAUTIONS FOR THE EYE Care PReFeRential**

- If a patient experiences eye discomfort, excessive tearing, vision changes, or eye irritation, stop wearing the lenses and contact Bausch + Lomb, and understand its contents prior to dispensing the lenses. If the discomfort, excessive tearing, vision changes, or eye irritation persists, consult an eye care professional.

**STORAGE AND DISPOSAL**

- The lenses should be disposed of according to the recommended follow-up schedule. If a patient experiences eye discomfort, excessive tearing, vision changes, or eye irritation, stop wearing the lenses and contact Bausch + Lomb, and understand its contents prior to dispensing the lenses. If the discomfort, excessive tearing, vision changes, or eye irritation persists, consult an eye care professional.

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**PATRiCiTiN Hacking SETTIngS**

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4. Criteria at a Well-Fitted Lens

A monovision correction should avoid the problems associated with contact lenses being uncomfortable, unstable, or incorrect. Therefore, the monovision technique should always be considered as a last resort after refractive surgery and other interventions have failed. The patient must be informed that they will use only one contact lens at a time, which is known as a single-vision lens.

5. Characteristics of a Light-Fit Lens

A trial lens is needed to determine if the patient can tolerate the contact lens and whether visual acuity is sufficient for near and distance vision. The trial lens should be selected to provide a minimum of 0.25 diopters of correction and should be worn for at least 30 minutes.

6. Characteristics of a Loose-Fit Lens

A loose-fit lens is not suitable for monovision correction. The patient should be advised to use regular spherical lenses if they cannot tolerate the loose-fit contact lens.

7. Other Suggestions

Considering this, the contact lens prescription may be further improved by having your patient follow the guidelines mentioned above. Improving the patient's vision and comfort can be achieved by using a different type of contact lens or by changing the lens material. If this does not work, the patient may need to consider monovision correction as a last resort.

Toric Fitting Guidelines
1. Selection

If the patient is new to contact lenses, start with a low add, such as +0.25D. If the patient uses bifocal or progressive lenses, start with a lower add, such as +0.25D. If the patient has never worn contact lenses before, start with a low add, such as +0.25D.

2. Prescription

The contact lens prescription should be selected to provide the patient with a comfortable fit and sufficient vision for both near and distance vision. The prescription for the dominant eye should be chosen first, followed by the non-dominant eye.

3. Special Fitting Considerations

If the patient is wearing two contact lenses, one for near and one for distance, the lenses should be worn simultaneously and should not be removed during the fitting process.